



Dedicated to Providing the Highest Level of Anesthesia Services



Introduction

Pikes Peak Anesthesia Associates (PPAA) is one of the largest and most respected independent anesthesia groups in Colorado. Our group consists of over 40 board certified/eligible anesthesiologists dedicated to the highest levels of care for our patients before, during and after surgery. Our specialist doctors provide the full range of medical service for adult and pediatric surgery, acute trauma, labor and delivery, cardiology procedures, gastroenterology procedures, radiology procedures and the diagnosis and treatment of acute and chronic pain. Pikes Peak Anesthesia has provided high quality, safe, efficient, cost-effective and cutting-edge anesthesia services to the Pikes Peak area for decades.

Our physicians are committed to helping you have the best possible experience. We will meet with you individually to make sure you understand everything about your care before your anesthetic, provide you with all available options and alternatives, tailor the anesthetic to your specific needs and ensure that you receive the safest possible treatment throughout your procedure. At our facilities, you will always be cared for by an American Board of Anesthesiology certified (or eligible) physician anesthesiologist, meeting or exceeding the highest national standards. Your anesthesiologist will be by your side for the entire duration of your procedure.

Before Surgery

After you have decided to proceed with surgery, your surgeon may have further tests that you will need to have done to help assess your health. This can include blood tests, x-rays, electrocardiograms or other tests. This information can help your surgeon and anesthesiologist ensure your safety during your procedure. On the day of your surgery, prior to meeting your anesthesiologist, you will have a questionnaire to fill out detailing your health history. This is often completed verbally by one of the preoperative nurses. It will also be important to provide a list of all of your current medications (including herbals). It is necessary that you follow all instructions regarding which medications you should continue taking prior to surgery and that you follow the fasting guidelines (below). If you are instructed to take your medications on the morning of surgery, do so with a small sip of water.

Fasting Guidelines

Safety is our highest priority and in order to reduce the risk of potentially severe complications, we request that all patients follow these specific guidelines for fasting prior to surgery. Your surgery may need to be delayed or rescheduled if these guidelines are not followed prior to surgery.

Age	Solid Food/Milk	Clear Liquids
Newborn to 6 Months	4 Hours	2 Hours
6 Months to 36 Months	6 Hours	3 Hours
36 Months to 4 Years	8 Hours	3 Hours
4 Years to 14 Years	Midnight	4 Hours
14 Years to Adult	Midnight	6 Hours

*Clear liquids are: water, apple or white grape juice, coffee or tea without cream or milk, and Gatorade. Please do not eat/drink Jello, broth, gum, mints, hard candy, carbonated beverages or sodas.

Types of Anesthesia

Different types of surgery require different types of anesthesia. Based on the type of procedure you are having, along with the information about your medical history, your anesthesiologist will discuss the anesthetic plan with you. We will inform you about the risks, the benefits, possible alternatives and common occurrences patients may experience after the type of anesthesia you will receive.

Monitored Anesthesia Care/Sedation

Your anesthesiologist will closely monitor you while reducing anxiety and pain through sedatives and/or other agents. This process provides partial or total amnesia. Patients having this type of anesthesia are typically responsive during part or all of the procedure.

Regional Anesthesia

Your anesthesiologist will inject local anesthetic(s) near nerves which supply the area of your body where the procedure will be performed (or has been performed). This is commonly used in conjunction with sedation or general anesthesia. Regional anesthesia includes spinals, epidurals, single injection nerve blocks and nerve block catheters. Commonly these blocks will help reduce pain and side effects from other pain medications for hours to days following your surgery.

General Anesthesia

Your anesthesiologist will give you medications through an IV and/or inhaled gasses which render you completely anesthetized. It is commonly necessary to use a breathing device to help support your breathing during this type of anesthesia that is placed after you are completely asleep.

Recovery

Immediately after your procedure you will be moved to the recovery room or post-anesthesia care unit (PACU). A team of specially trained nurses, in conjunction with our anesthesiologists, will monitor you while you fully awaken and begin to recover from your anesthesia and surgery. The amount of time you spend and medications you receive during your stay in the recovery room will vary depending on the type and duration of the procedure you had in conjunction with your other medical conditions.



Please note that charges for your anesthesia services will come separately from your hospital bill. For billing questions, call: 844-900-7722.

You may also make payments on our website:

www.ppa.com

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